



Chinmaya Mission® Miami
Chinmaya Bala Vihar Prayer Assembly

Chant OM three times.

- 1) vakra-tuṅḍa mahā-kāya sūrya-koṭi sama-prabha
nir-vighnaṁ kuru me deva sarva-kāryeshu sarvadā

O Lord Ganesh, of bent trunk and big body, Your radiance is like that of infinite suns. Please always remove all obstacles from all my actions/work.

My Prayers page 37, cd track 23/24

- 2) sarasvati namas-tubhyam varade kāma-rūpiṇi
vidyāram-bhaṁ karishyāmi siddhir-bhavatu me sadā

Mother Sarasvatī, my humble prostrations to You, who are the fulfiller of all my wishes. As I start my studies, I pray You will always bless me.

My Prayers page 15, cd track 10

- 3) sadā-shiva-sam-āram-bhām shaṅkar-āchārya-madhya-mām
asmad-ācharya-paryan-tām vande guru-param-parām

I salute the sacred Guru-paramparā (lineage of gurus), which begins from the ever-auspicious Lord Shiva, in the midst of which (lineage) is Ādi Shaṅkarāchārya, and which (lineage) comes up to my Guru.

My Prayers page 84, cd track 55

- 4) samasta-jana-kalyāṇe nirataṁ karuṇā-mayam
namāmi chinmayaṁ devam sad-guruṁ brahma-vid-varam

I salute Pujya Gurudev Swami Chinmayananda-ji, the noble Guru, the best of the knowers of Brahman (the highest Reality), who is full of compassion and ever engaged in the welfare of all.

My Prayers page 11, cd track 5

- 5) vasudeva-sutaṁ devam kaṁsa-chāṇūra-mardanam
devakī-param-ānandam krishnaṁ vande jagad-gurum

Glory unto Lord Krishna, who is the teacher of the whole world, the resplendent son of Vasudeva, who killed the great tormentors like Kamsa and Chanura, who is a source of greatest joy to Devaki.

My Prayers page 153, cd track 111/112

- 6) rāmāya rāma-bhadrāya rāma-chandrāya vedhase
raghu-nāthāya nāthāya sitāyāḥ-pataye namaha

I bow to that Lord Rama who is addressed in different ways, as Rama, Ramabhadra, Ramachandra, Raghunatha, who is the Lord and dear husband of Sita-ji.

My Prayers page 199, cd track 142/143

- 7) sarva-maṅgala-māṅgalye shive sarvārtha-sādhike
sharaṇye tryambake gauri nārāyaṇi namo 'stu te

Salutations to you, Narayani, who is the auspiciousness of all that is auspicious, who is the consort of the three-eyed Lord Shiva, who is the means of accomplishing all desires, who is the refuge of all, and who is the fair-complexioned one.

My Prayers page 54, cd track 41

- 8) buddhir-balaṁ yasho-dhairyam nir-bhayatvaṁ arogatā
ajādyam vāk-paṭutvaṁ cha hanumat smaraṇāt bhavet

The remembrance of Shri Hanuman grants intelligence, strength, fame, courage, health, a long life, and eloquence.

My Prayers page 214, cd track 159/160

- 9) om namaste astu bhagavan vishvesh-varāya, mahā-devāya
tryambakāya, tri-purānta-kāya, tri-kālāgni-kālāya, kālāgni-rudrāya, nīla-kaṇṭhāya
mr̥tyun-jayāya, sarvesh-varāya, sadā-shivāya, shrīman-mahādevāya namaha

Salutations to Thee, Lord Shiva, the Master of the Universe, the great Lord, the three-eyed one, the destroyer of Tripura, the extinguisher of the Trikāla fire, the fire of death, the blue-necked one, the conqueror of death, the Lord of all, the ever-auspicious one, the glorious Lord of Lords.

My Prayers page 106, cd track 69/70

10) om bhūr-bhuvas-suvaha tat-savitur-vare-e-ṅyam
bhargo devasya dhīmahi dhiyo yo naḥ prachodayā-ā-ta

Gayatri Mantra: I worship OM, the supreme Reality that pervades the earth, interspace, and heavens, That is the worshipful and adored Lord Sun, That shines as the light of Consciousness in my intellect. [Dear Lord,] burn away my ignorance and illumine my intellect (with the wisdom of the highest Truth).

My Prayers page 5, cd track 1

Guru Stotram

My Prayers page 87, cd track 56

1) akhaṇḍa-maṇḍa-lākāram vyāptam yena charā-charam
tat padam darshitam yena tasmai shrī gurave namaha

Salutations to that Guru who showed me the abode of Truth. The one who is to be known as the all-pervading and the one who expresses as the vast expanse of this universe, as the animate and the inanimate.

2) ajnāna-timirān-dhasya jnānān-jana-shalā-kayā
chak-shurun-mīlitam yena tasmai shrī gurave namaha

Salutations to that Guru who opened the eyes of one who is blind, due to the darkness of ignorance, with the needle coated with the ointment of Knowledge [of the Truth].

3) gurur brahmā gurur vishṇu-hu gurur devo mahesh-varaha
gurur-eva param brahma tasmai shrī gurave namaha

Salutations to that Guru, who is the creator, sustainer, and dissolver, who indeed is limitless Brahman.

4) sthā-varam janga-mam vyāptam yat-kinchit sacharā-charam
tat padam darshitam yena tasmai shrī gurave namaha

Salutations to that Guru who showed me the One to be known, who permeates everything that is movable and immovable, sentient and insentient.

5) chinmayam vyāpi yat sarvam trai-lokyam sacharā-charam
tat padam darshitam yena tasmai shrī gurave namaha

Salutations to that Guru who showed me the Consciousness that pervades all the three worlds that are comprised of the sentient and insentient.

6) sarva-shruti-shiro-ratna virājita-padām-bujaha
vedāntām-buja-sūryo yaha tasmai shrī gurave namaha

Salutations to that Guru who is the sun to the lotus of Vedanta, whose feet are made radiant by the jewel of all the Shrutis (Scriptures).

7) chai-tanyah shāsh-vatah shāntaha vyomātīto niran-janaha
bindu-nāda-kalā-tītaha tasmai shrī gurave namaha

Salutations to that Guru who is Awareness, the Changeless; who is Peace, beyond space, pure (free from likes and dislikes), and who is beyond the manifest and unmanifest.

8) jnāna-shakti-samā-rūḍhaha tattva-mālā-vi-bhūshitaha
bhukti-mukti-pradātā cha tasmai shrī gurave namaha

Salutations to that Guru who is rooted in the powerful knowledge of the Self, adorned with the garland of Truth, and the giver of the bliss of Liberation.

9) aneka-janma-samprāpta karma-bandha-vidāhine
ātma-jnāna-pradā-nena tasmai shrī gurave namaha

Salutations to that Guru who, by giving the knowledge of the Self, burns up the bondage created by actions accumulated in innumerable births.

10) shosha-ṇam bhava-sindhosh-cha jnā-panam sāra-sam-padaha
guroh pādo-dakam samyaka tasmai shrī gurave namaha

Salutations to that Guru who is the perennial flow of wisdom. Rooted in the Scriptures, the Guru completely dries up the ocean of births and reveals the essence of all wealth.

11) na guror-adhikam tattvam na guror-adhikam tapaha
tattva-jnānāt param nāsti tasmai shrī gurave namaha

There is no greater Truth than the Guru, no austerity higher than the Guru, and no greater

knowledge than this understanding of the Guru. Salutations to that Guru.

12) man-nātha shrī jagan-nātha-ha madguru shrī jagad-guru-hu
mad-ātmā sarva-bhūt-ātmā tasmai shrī gurave namaha

Salutations to that Guru who is my Lord, the Lord of the universe, my Teacher, the Teacher of the universe, the Self in me, and the Self in all beings.

13) gurur-ādir-anādish-cha guruh parama-daivatam
guroh para-taram nāsti tasmai shrī gurave namaha

Salutations to that Guru who is the beginning and the beginning-less, who is the supreme God, and to whom there is none superior.

14) tvam eva mātā cha pitā tvam eva tvam eva bandhush-cha sakhā tvam eva
tvam eva vidyā draviṇam tvam eva tvam eva sarvam mama deva deva (2x)

(O Guru!) You are my mother, father, kinsman, friend, knowledge, and wealth. You are Everything to me. You are my All, O Lord of lords!

Daily Prayers

Early Morning: OM karāgre vasate lakshmīhī, kara-mūle sarasvatī
kara-madhye tu govindaha, prabhāte kara-darshanam

My Prayers page 14, cd track 6/7

Before Studies: OM sarasvatī namas-tubhyam, varade kāma-rūpiṇī
vidyā-rambhaṁ karish-yami, siddhir bhavatu me sadā

My Prayers page 15, cd track 10/11

Before Meals: OM brahmār-paṇam brahma havihi, brahmāgnau brahmaṇā hutam,
brahmaiva tena gan-tavyam, brahma-karma-samādhinā

My Prayers page 16, cd track 11/12

Before Evening Lights: OM shubham karoti kalyāṇam, ārogyam dhana-sam-padaha
shatru-buddhi-vinā-shāya, dīpa-jyotir namostu te

My Prayers page 17, cd track 12/13

Night Prayers for Forgiveness: kara-charaṇa-kritam vāk, kāya-jam karma-jam vā
shravaṇa- nayana-jam vā māna-sam vā parā-dham vihitam-avihitam vā sarvam etat ksha-masva
jaya jaya karu-ṇābdhe shrī mahā-deva shambho
My Prayers page 17, cd track 13/14

Sanskrit Birthday Song by Pujya Guruji Swami Tejomayananda

My Prayers page 31, cd track 19/20

janma-dinam idam, ayi priya sakhe shantano-tu te, sarvadā mudam
prārthayā-mahe, bhava shatāyushi īshvaras-sadā, tvām cha rakshatu
puṇya karmaṇā, kīrtim arjaya jīvanam tava, bhavatu sārthakam

O dear friend! May this birthday bring auspiciousness and joy to you in all ways. We all pray for your long life of a hundred years. May the Lord always protect you. May you earn fame by doing noble deeds. May your life be fulfilled.

Concluding Prayers

1) om tryamba-kaṁ yajā-mahe sugaṇ-dhirṁ puṣṭi-vardha-nam
 urvārukam-iva ban-dhanān-mṛtyor-mukshīya mā'mṛtā-ā-ta

We worship the three-eyed, fragrant, ever-nourishing Lord Shiva to liberate us from the bondage of death. (We are attached to the world) like the cucumber (is attached to its vine and does not easily separate). Do not (allow us to turn away) from immortality (Oneness with God).

My Prayers page 107, cd track 70/71

2) om sarve-shāṁ svastir-bhavatu sarve-shāṁ shāntir-bhavatu
 sarve-shāṁ pūrṇaṁ bhavatu sarve-shāṁ maṅgalaṁ bhavatu

OM. May perfection prevail upon all. May peace prevail upon all. May contentment prevail upon all. May auspiciousness prevail upon all.

My Prayers page 19, cd track 14/15

- 3) sarve bhavantu sukhina-ha sarve santu nirā-mayā-hā
sarve bhadrāṇi pash-yantu mā kash-chid duḥkha-bhāg bhavet

May all be happy. May all be healthy. May all see auspiciousness everywhere. May none be sorrowful.

My Prayers page 19, cd track 14/15

- 4) asato mā sad-gamaya tamaso mā jyotir-gamaya mṛtyor-mā amṛtaṁ gamaya
om shāntiḥ shāntiḥ shāntiḥ

[Dear Lord,] lead us from untruth to Truth, from darkness to Light, from death to Immortality.

My Prayers page 20, cd track 14/15

Chinmaya Mission Pledge

My Prayers page 28, cd track 19

We stand as one family, bound to each other with love and respect.

We serve as an army, courageous and disciplined, ever ready to fight against all low tendencies and false values, within and without us.

We live honestly the noble life of sacrifice and service, producing more than what we consume and giving more than what we take.

We seek the Lord's grace to keep us on the path of virtue, courage, and wisdom.

May Thy grace and blessings flow through us to the world around us.

We believe that the service of our country is the service of the Lord of Lords, and devotion to the people is devotion to the supreme Self.

We know our responsibilities. Give us the ability and courage to fulfill them.

Om Tat Sat

Chinmaya Ārati

My Prayers page 23, cd track 16/17

- 1) ārati shrī chinmaya sadguru kī, divya-rūpa mūrati karuṇā kī . . . ārati sadguru kī

We offer arati to Pujya Gurudev, Shri Swami Chinmayananda-ji, who is the divine embodiment of compassion.

- 2) charaṇo mein unake shānti samāye, sharaṇāgata kī bhrānti miṭāye
 pāpa tāpa santāpa haraṇa kī, ārati shrī chinmaya sadguru kī . . . ārati sadguru kī
*We offer arati to the Sadguru, surrendering at Whose holy feet, one attains supreme Peace.
 Being at His feet ensures removal of delusion and sins, pains and sorrows.*
- 3) veda upanishada gītā ko gāyā, dharma sanātana phira se jagāyā
 shuddha-nīti prītī shankara kī, ārati shrī chinmaya sadguru kī . . . ārati sadguru kī
*Arati to the Sadguru, Who tirelessly worked to rejuvenate Sanatana Dharma (Hinduism) by
 giving the proper understanding of the Vedas, Upanishads, and Gita, by adhering to the Advaitic
 teachings proclaimed by Adi Shankaracharya.*
- 4) siddhabāḍi kī tapo-bhūmi mein, nitya virāje guru humāre
 bhakta hrdaya ānanda srota kī, ārati shrī chinmaya sadguru kī . . . ārati sadguru kī
*Arati to the Sadguru, Who is ever existing in Sidhabari (where the samadhi-sthala of Pujya
 Gurudev is), Whose remembrance is a source of bliss to His devotees.*
- 5) ārati shrī chinmaya sadguru kī, divya-rūpa mūrati karuṇā kī . . . ārati sadguru kī (2x)

Vedic Ārati

My Prayers page 22, cd track 15/16

om na tatra sūryo bhāti na chandra-tārakam, nemā vidyuto bhānti kuto'yam-agnihi

tam-eva bhāntaṁ anubhāti sarvam, tasya bhāsā sarvam-idaṁ vibhāti

bolīye shrī sadgurunātha mahārāja kī . . . jai

*OM. You (O supreme Lord) are there where the sun, moon, stars, and lightning do not shine
 (these cannot illumine You). Then how can this light (that I hold before You) illumine You? It is
 Your light (of Consciousness) alone that illumines all.*